

Cougars Athletic Association

Be Brave, Fast and Strong like a Cougar Founded 1999

Website: www.cougarsaa.com
Email: cougaraa1999@gmail.com

Cougars Cross Country 2024 20 July 2024, Saturday Passionwave, Bedok Reservoir Championship Records

U12 Boys - 1.6km

*New Championship Record Holder (2024)

Previous Championship Record Holder: Muhammad Akid Muhammad Najib,

Individual, 6.04mins

Position	Name	School/Club	Number Tag	Timing
1 st	Khoo Sean David	Born2Tri Warriors	120	5.58.5
	Teng Jing*			

^{*}New championship record holder!

Cougars' Member Record Holder (2023)

Position	Name	School/Club	Number Tag	Timing
3 rd	Daniel Loh	Cougars Athletic Association	117	8.30

U12 Girls – 1.6km

*New Championship Record Holder (2024)

Previous Championship Record Holder: Laavinia Jaiganth, FlexiFitness

Consultancy, 6.19mins

Position	Name	School/Club	Number Tag	Timing
1 st	Ayra Faizal*	Unattached	213	5.59.3

^{*}New championship record holder!

Cougars' Member Record Holder (2024)

Position	Name	School/Club	Number Tag	Timing
6 th	Low Jia Yan Paige*	Cougars Athletic Association	207	8.20.2

^{*}New Cougars championship record time!

U14 Boys – 4.3km (2018)

Championship Record Holder (2018)

Position	Name	School/Club	Number Tag	Timing
1 st	Tay Dian Jun Edward	Individual	308	17.45.90



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U14 Girls – 3.6km

*New Championship Record Holder (2024)

Previous Championship Record Holder: Hana Cheng, St. Margaret's Secondary School, 17.03.72

Position	Name	School/Club	Number Tag	Timing
1 st	Tan Mikaela*	Lacticbuds	411	15.01.47

^{*}New championship record holder!

Cougars' Member Record Holder (2023)

Position	Name	School/Club	Number Tag	Timing
12 th	Koh Yuka Erin*	Cougars Athletic	498	19.11.14
		Association		

^{*}New Cougars championship record holder!

U20 Boys 4.3km

*New Championship Record Holder (2024)

Previous Championship Record Holder: Ruben s/o Loganathan, Individual,

14.51 mins

Position	Name	School/Club	Number Tag	Timing
1 st	Siva Sanker*	Lacticbuds	537	14.39.80

^{*}New championship record holder!

Cougars' Member Record Holder (2024)

Position	Name	School/Club	Number Tag	Timing
10 th	Ahmad Nur Hakeem	Cougars Athletic	515	18.46.93
	bin Ahmad Nazli*	Association		

^{*}New Cougars championship record holder!

U20 Girls – 4.3km

*New Combined Championship Record Holder (2024)

Previous Championship Record Holder: Tan Mariviv, FlexiFitness Consultancy, 17.53mins, 2018

Position	Name	School/Club	Number Tag	Timing
1 st	Clara Chua	Individual	628	17.11
1 st	Ng Tabitha*	Lacticbuds	628	17.11.16

^{*}New championship record holder!



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Men's Open – 8.6km

Championship Record Holder (2018)

Position	Name	School/Club	Number Tag	Timing
1 st	Ang Xinyao	Wings Athletics Club	744	32.52
	Desmond			

Cougars' Member Record Holder (2024)

Position	Name	School/Club	Number Tag	Timing
1 st	Gilbert Dominic	Cougars Athletic	746	33.09.37
	Saviour*	Association		

^{*}New Cougars championship record time!

Women's Open - 8.6km

Championship Record Holder (2018)

Position	Name	School/Club	Number Tag	Timing
1 st	Vanja Cnops	F1 Runners	800	34.11

Cougars' Member Record Holder: (2018)

Position	Name	School/Club	Number Tag	Timing
3 rd	Ng Yew Cheo	Cougars Athletic Association	809	38.22