



# Cougars Athletic Association

Be Brave, Fast and Strong like a Cougar

Founded 1999

© All Rights Reserved.  
Cougars Athletic Association

Website: [www.cougarsaa.com](http://www.cougarsaa.com)  
Email: [cougaraa1999@gmail.com](mailto:cougaraa1999@gmail.com)

## Cougars Cross Country 2024 20 July 2024, Saturday Passionwave, Bedok Reservoir Results

### U12 Boys – 1.6km

*(New Championship Record Holder: Khoo Sean David Teng Jin, Born2Tri Warriors, 5.58mins)*

*\*New championship record holder*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Khoo Sean David Teng Jin*	Born2Tri Warriors	120	5.58.5
2 <sup>nd</sup>	Leong Png	Lacticbuds	123	6.03.5
3 <sup>rd</sup>	Muhammad Ariq Muhammad Najib	Unattached	119	6.16.0
4 <sup>th</sup>	Muhammad Arif Muhammad Najib	Unattached	118	6.29.1
5 <sup>th</sup>	Harry Wright	Born2Tri Warriors	122	7.01.3
6 <sup>th</sup>	Evan Chang	Born2Tri Warriors	121	7.07.5

### U12 Girls – 1.6km

*(New Championship Record Holder: Ayra Faizal, Unattached, 5.59.3mins)*

*\*New championship record holder*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Ayra Faizal*	Unattached	213	5.59.3
2 <sup>nd</sup>	Ivana Kim	Lacticbuds	216	6.50.3
3 <sup>rd</sup>	Adelia Lee	Lacticbuds	217	7.10.2
4 <sup>th</sup>	Fiona Li	Born2Tri Warriors	214	7.12.3
5 <sup>th</sup>	Alana Wright	Born2Tri Warriors	215	7.46.5
6 <sup>th</sup>	Low Jia Yan Paige	Cougars Athletic Association	207	8.20.2



## Cougars Athletic Association

*Be Brave, Fast and Strong like a Cougar*

Founded 1999

© All Rights Reserved.  
Cougars Athletic Association

Website: [www.cougarsaa.com](http://www.cougarsaa.com)  
Email: [cougaraa1999@gmail.com](mailto:cougaraa1999@gmail.com)

### U14 Boys – 4.3km

*(Championship Record Holder: Tay Dian Jun Edward, Individual, 17.45.90mins)*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Chong KAI ZE	NORTHBROOKS SECONDARY SCHOOL	343	17:46.75
2 <sup>nd</sup>	Jacob Gao	Born2Tri Warriors	339	17:52.24
3 <sup>rd</sup>	FURQAN ALHADI BIN MUHAMMAD FADLEY	NORTHBROOKS SECONDARY SCHOOL	340	19:53.47
4 <sup>th</sup>	TRISTAN CHOO	Gan Eng Seng School	336	20:37.34
5 <sup>th</sup>	WAI ZI WENG	Gan Eng Seng School	322	20:45.31
6 <sup>th</sup>	LEE AARON, ZHENG YUAN	Gan Eng Seng School	337	20:59.25
7 <sup>th</sup>	AMEDREZA D'EZEQUIEL MARIA BIN MUHAMMAD FADLEY	NORTHBROOKS SECONDARY SCHOOL	341	21:13.47
8 <sup>th</sup>	LIM YONG XUAN	NORTHBROOKS SECONDARY SCHOOL	324	21:25.03
9 <sup>th</sup>	MAXIME, CHARLES	Gan Eng Seng School	342	21:44.37
10 <sup>th</sup>	LEE ZUN MENG	Gan Eng Seng School	333	23:17.47
11 <sup>th</sup>	TAN KNIGHT, LE HAO	Gan Eng Seng School	338	25:13.41
-	TAN XAVIER, YE XUN	Gan Eng Seng School	334	DNS
-	LIM ZUO-EN	Gan Eng Seng School	335	DNS



# Cougars Athletic Association

Be Brave, Fast and Strong like a Cougar

Founded 1999

© All Rights Reserved.  
Cougars Athletic Association

Website: [www.cougarsaa.com](http://www.cougarsaa.com)  
Email: [cougaraa1999@gmail.com](mailto:cougaraa1999@gmail.com)

## U14 Girls – 3.6km

(New Championship Record Holder: Tan Mikaela, Lacticbuds, 15.01.47mins)

\*New championship record holder

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Tan Mikaela*	Lacticbuds	411	15:01.47
2 <sup>nd</sup>	Koh Elisha	Lacticbuds	412	15:06.40
3 <sup>rd</sup>	YONG EN MIN SARAH	Nanyang Girls High	490	15:18.40
4 <sup>th</sup>	Chiew Amelia	Lacticbuds	414	16:15.47
5 <sup>th</sup>	LIEN ZHAO XIN GAIL	Nanyang Girls High	489	16:23.48
6 <sup>th</sup>	Tan Zerrin	Lacticbuds	415	16:28.35
7 <sup>th</sup>	Chua Cayla	Lacticbuds	413	16:50.90
8 <sup>th</sup>	Schiering Nur Isabella	Born2Tri Warriors	409	17:07.38
9 <sup>th</sup>	Lim Andrienna	Lacticbuds	417	18:24.37
10 <sup>th</sup>	Tham Arienne	Lacticbuds	416	18:44.26
11 <sup>th</sup>	NUR HANI RAISHA BINTE HAMQAAMAL SHAH	NORTHBROOKS SECONDARY SCHOOL	418	19:09.18
12 <sup>th</sup>	Koh Yuka Erin	Paya Lebar MGS	498	19:11.14
13 <sup>th</sup>	Tan Cai Qi	Paya Lebar MGS	404	19:15.37
14 <sup>th</sup>	LEE AURELIA, YONG EN	Gan Eng Seng School	419	19:48.34
15 <sup>th</sup>	Ho Jean Xin Yan	Paya Lebar MGS	401	20:28.42
16 <sup>th</sup>	NAKAO LYNN	NORTHBROOKS SECONDARY SCHOOL	419	20:56.50
17 <sup>th</sup>	HARSHITAA D/O GOPAAL	Paya Lebar MGS	499	21:14.84
18 <sup>th</sup>	Foo Li En Ariel	Paya Lebar MGS	497	21:14.90
19 <sup>th</sup>	ONG RAINA, SI YA	Gan Eng Seng School	418	21:15.68
20 <sup>th</sup>	TEO DENISE JIA YI	NORTHBROOKS SECONDARY SCHOOL	420	21:18.25
21 <sup>st</sup>	Ong Cammy Zheng Ling	Paya Lebar MGS	405	22:52.78
22 <sup>nd</sup>	Lee Elizabeth Zoe Yen En	Paya Lebar MGS	406	22:53.45
23 <sup>rd</sup>	ANDREA LOH	Cougars Athletic Association	410	23:40.35
24 <sup>th</sup>	Siah Xihan Megan	Paya Lebar MGS	495	24:52.89
25 <sup>th</sup>	Chin Yan Xi Cherisse	Paya Lebar MGS	496	24:58.10
26 <sup>th</sup>	Guo Abigail	Paya Lebar MGS	402	25:58.64
27 <sup>th</sup>	Lim Abigail Si Xuan	Paya Lebar MGS	400	28:18.16
28 <sup>th</sup>	Ng Kayla	Paya Lebar MGS	494	29:16.02
29 <sup>th</sup>	Jiang Jia Ling Mai	Paya Lebar MGS	407	29:19.17
30 <sup>th</sup>	Amely Sofea Binte Abdul Rashid	Paya Lebar MGS	408	34:39.17
31 <sup>st</sup>	Yeo Leah Kylie Chen Yi	Paya Lebar MGS	403	34:39.34
32 <sup>nd</sup>	FOO VIELYNN, KHAI YAN	Gan Eng Seng School	420	41:45.49
-	TEO EN-KIN KIMBERLY	Nanyang Girls High	493	DNS
-	SNG HUI RU NICOLE	Nanyang Girls High	491	DNS
-	CHUA REN HUI LUANNE REN HUI	Nanyang Girls High	492	DNS



# Cougars Athletic Association

Be Brave, Fast and Strong like a Cougar

Founded 1999

© All Rights Reserved.  
Cougars Athletic Association

Website: [www.cougarsaa.com](http://www.cougarsaa.com)  
Email: [cougaraa1999@gmail.com](mailto:cougaraa1999@gmail.com)

## U20 Boys 4.3km

*(Championship Record Holder: Siva Sanker, Lacticbuds, 14.39.80mins)*

*\*New championship record holder*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Siva Sanker*	Lacticbuds	537	14:39.80
2 <sup>nd</sup>	Sherman Tan	Lacticbuds	532	15:34.07
3 <sup>rd</sup>	Nicholas Wee	Lacticbuds	535	15:34.49
4 <sup>th</sup>	Koh Sim Yong	Taka Taka Beehoon	526	16:07.88
5 <sup>th</sup>	Dylan De Silva	Taka Taka Beehoon	527	16:30.19
6 <sup>th</sup>	Tay Zi Xiang	Taka Taka Beehoon	528	16:40.72
7 <sup>th</sup>	Aidan Lian	Lacticbuds	533	16:48.13
8 <sup>th</sup>	Eliot Pan	Lacticbuds	539	17:16.49
9 <sup>th</sup>	Royston Koh	Lacticbuds	536	18:36.49
10 <sup>th</sup>	AHMAD NUR HAKEEM BIN AHMAD NAZLI	Cougars Athletic Association	515	18:46.93
11 <sup>th</sup>	Muhammad Fakhrudin	Catholic Junior College	523	18:48.99
12 <sup>th</sup>	Aayden Teo	Swifties	529	19:46.02
13 <sup>th</sup>	Chan Weilun	Catholic Junior College	519	20:04.39
14 <sup>th</sup>	FUN JERN HO MAX	NORTHBROOKS SECONDARY SCHOOL	540	20:34.43
15 <sup>th</sup>	IAN GHO	Cougars Athletic Association	517	20:38.81
16 <sup>th</sup>	Ryan Or	Swifties	531	20:43.30
17 <sup>th</sup>	Aiden Tan	Lacticbuds	538	21:21.39
18 <sup>th</sup>	Koen Yew	Catholic Junior College	525	21:39.37
19 <sup>th</sup>	LEE HAO XIANG LOUIS	NORTHBROOKS SECONDARY SCHOOL	541	22:36.25
20 <sup>th</sup>	Han Qi-Li	Catholic Junior College	520	22:40.77
21 <sup>st</sup>	Johan Lictevout	Catholic Junior College	521	24:08.97
22 <sup>nd</sup>	JAVIER CHOO	Cougars Athletic Association	516	25:12.45
-	Alpheus Tan	Catholic Junior College	518	DNS
-	Matthew Goh	Catholic Junior College	522	DNS
-	Javier Ng	Catholic Junior College	524	DNS
-	Aadithiya Balasubramaniam	Swifties	530	DNS
-	Umar Hassan	Lacticbuds	534	DNS
-	TOH YU ZHE TORRES	NORTHBROOKS SECONDARY SCHOOL	542	DNS
-	LIM GUAN XUN ETHAN	NORTHBROOKS SECONDARY SCHOOL	543	DNS



# Cougars Athletic Association

*Be Brave, Fast and Strong like a Cougar*

Founded 1999

© All Rights Reserved.  
Cougars Athletic Association

Website: [www.cougarsaa.com](http://www.cougarsaa.com)  
Email: [cougaraa1999@gmail.com](mailto:cougaraa1999@gmail.com)

## U20 Girls – 4.3km

*(Combined Championship Record Holders: Clara Chua, Individual, 17.11mins;  
Ng Tabitha, Lacticbuds, 17.11.16mins)*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Ng Tabitha	Lacticbuds	628	17:11.16
2 <sup>nd</sup>	Micole Wee	Lacticbuds	659	18:55.20
3 <sup>rd</sup>	Khin Lin Htet	Lacticbuds	661	19:09.00
4 <sup>th</sup>	ZHANG BOWEN KELLIE	Nanyang Girls High	625	19:27.81
5 <sup>th</sup>	Emma Lee	Lacticbuds	656	19:36.08
6 <sup>th</sup>	SUN LANNING	Nanyang Girls High	631	19:42.32
7 <sup>th</sup>	Manuela Sidhom	Lacticbuds	658	19:46.40
8 <sup>th</sup>	Kok Jin En	Lacticbuds	669	19:57.50
9 <sup>th</sup>	Lynette Kam	Catholic Junior College	640	20:39.84
10 <sup>th</sup>	Gisele Tan	Peaches	649	21:02.01
11 <sup>th</sup>	Enne Er	Lacticbuds	660	21:14.42
12 <sup>th</sup>	PEH WEI RU SHEVAUN	Nanyang Girls High	632	21:45.41
13 <sup>th</sup>	Mariel Webbe	Lacticbuds	666	21:48.79
14 <sup>th</sup>	Ruth Lee	Lacticbuds	657	21:56.44
15 <sup>th</sup>	SIEW WEN WEN	Nanyang Girls High	630	22:22.20
16 <sup>th</sup>	Joy Chan	Peaches	647	22:31.32
17 <sup>th</sup>	Teng Wan Lin	Lacticbuds	670	22:44.47
18 <sup>th</sup>	Bianca Reiniers	Peaches	648	23:01.12
19 <sup>th</sup>	Celeste Lim	Lacticbuds	664	23:18.87
20 <sup>th</sup>	Naomi Serrien	Lacticbuds	665	23:23.31
21 <sup>st</sup>	Fatin Abu Bakar	Lacticbuds	663	23:52.85
22 <sup>nd</sup>	Izzah Binte Jasmori	Runawaybaby	651	24:45.48
23 <sup>rd</sup>	Chan Yu Yan Elise	Born2Tri Warriors	637	25:13.29
24 <sup>th</sup>	Shermayne Choo	Catholic Junior College	642	25:55.35
25 <sup>th</sup>	Faith Boy	Catholic Junior College	639	26:06.20
26 <sup>th</sup>	Cheryl Chua	Peaches	650	26:31.72
27 <sup>th</sup>	Linda Tang	Runawaybaby	653	27:00.26
28 <sup>th</sup>	Chenis Eger	Runawaybaby	652	27:10.30
29 <sup>th</sup>	Raelene Cha	Runawaybaby	654	27:10.48
30 <sup>th</sup>	Cassandra Sanoria	Catholic Junior College	638	27:11.26
31 <sup>st</sup>	Choi Mingxin	UNATTACHED	646	27:27.51
32 <sup>nd</sup>	Vivi Ng	Catholic Junior College	643	27:56.33
33 <sup>rd</sup>	Maran Dhanya	Catholic Junior College	641	28:26.41
34 <sup>th</sup>	Tan Ife Jing Xuan	Paya Lebar MGS	635	29:06.43
35 <sup>th</sup>	Alycia Than	UNATTACHED	645	29:24.11
36 <sup>th</sup>	Trinity Koh	Lacticbuds	667	30:06.50
37 <sup>th</sup>	Yong Yew Li Sara	Paya Lebar MGS	634	31:50.31
38 <sup>th</sup>	Ruth Ngai	Lacticbuds	668	40:02.35
-	Chiang Yi Xuan Adel	Paya Lebar MGS	636	DNS
-	Megan Chan	Catholic Junior College	644	DNS
-	Vaishnavi Elangovan	Lacticbuds	662	DNS
-	Eleora Gan	Lacticbuds	671	DNS



# Cougars Athletic Association

*Be Brave, Fast and Strong like a Cougar*

Founded 1999

© All Rights Reserved.  
Cougars Athletic Association

Website: [www.cougarsaa.com](http://www.cougarsaa.com)  
Email: [cougaraa1999@gmail.com](mailto:cougaraa1999@gmail.com)

## Men's Open – 8.6km

*(Championship Record Holder: Ang Xinyao Desmond, Wings Athletics Club, 32.52mins)*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	SAVIOUR GILBERT DOMINIC	Cougars Athletic Association	746	33:09.37
2 <sup>nd</sup>	Dylan Lim	Taka Taka Beehoon	739	33:31.50
3 <sup>rd</sup>	MARTIN DANIAL LUM	Cougars Athletic Association	743	34:42.45
4 <sup>th</sup>	Chan Yao Li	Lacticbuds	755	35:01.05
5 <sup>th</sup>	Keshav Saku	Lacticbuds	767	36:14.31
6 <sup>th</sup>	Joshua Gan	Lacticbuds	760	36:51.41
7 <sup>th</sup>	Toh Jia Le	Lacticbuds	766	36:58.88
8 <sup>th</sup>	Ho Sheng Hui	Lacticbuds	763	37:20.42
9 <sup>th</sup>	Tan Wee Keat	Lacticbuds	756	37:26.58
10 <sup>th</sup>	Tan Yan Zhuo	Lacticbuds	765	38:17.08
11 <sup>th</sup>	AR RIZQI BIN ABDUL RASHID	Cougars Athletic Association	749	38:24.73
12 <sup>th</sup>	Tan Chee Yong	Lacticbuds	757	39:22.39
13 <sup>th</sup>	ANIQ ZIKRY BIN ABDUL RASHID	Cougars Athletic Association	751	43:02.48
14 <sup>th</sup>	CHUE ZHI QIANG JASPER	Cougars Athletic Association	747	44:43.27
15 <sup>th</sup>	Matthew Josha	Swifties	754	48:52.25
16 <sup>th</sup>	KURU PRAKASH S/O MATHIALAGAN	Cougars Athletic Association	748	51:51.49
17 <sup>th</sup>	TANG KIAN YANG	Cougars Athletic Association	752	1:00:26.96
18 <sup>th</sup>	Ibrahim Maricar	Lacticbuds	759	1:06:02.28
-	Kenny Chong	Lacticbuds	758	DNS
-	Woon Zong Lin	Lacticbuds	761	DNS
-	Alfie Tan	Lacticbuds	762	DNS
-	Jacky Ong	Lacticbuds	764	DNS



# Cougars Athletic Association

*Be Brave, Fast and Strong like a Cougar*

Founded 1999

© All Rights Reserved.  
Cougars Athletic Association

Website: [www.cougarsaa.com](http://www.cougarsaa.com)  
Email: [cougaraa1999@gmail.com](mailto:cougaraa1999@gmail.com)

---

## Women's Open – 8.6km

*(Championship Record Holder: Vanja Cnops, F1 Runners, 34.11mins)*

Position	Name	School/Club	Number Tag	Timing
1 <sup>st</sup>	Annette Lee	Lacticbuds	819	39:42.27
2 <sup>nd</sup>	Ng Yew Cheo	Cougars Athletic Association	818	40:07.35
3 <sup>rd</sup>	Lum Jing Ya	Lacticbuds	820	40:47.42
4 <sup>th</sup>	Andrea Lye	Lacticbuds	821	46:00.12